



TREATMENT MENU

PAYOT LUXURY FACIAL TREATMENTS

HYDRA EXPERIENCE

HYDRATION FACIAL FOR ALL SKIN TYPES

A fresh hydrating mask with cornflower petals is applied to the entire face, neck and décolleté to stimulate all the senses and thoroughly restore the skin's hydration. A unique moment for a complexion that radiates beauty.

TREATMENT TIME: 60 minutes

€100

MY PAYOT EXPERIENCE

RADIANCE FACIAL

A unique and delicious facial: a protocol containing a new peel-off mask, for a moment of well-being and an immediate enhanced beauty. An energising care, thanks to the superfruits power. The skin is illuminated and recovers softness and radiance for an immediate healthy look.

TREATMENT TIME: 60 minutes

€100

SENSI SOLUTION

Well-being, comfort and softness restored. The beauty solution for easing discomfort and reinforcing the skin's resistance with carefully chosen ingredients, rice bran oil and allantoin, a selection of tailored textures envelops you in a bubble of softness and sensual pleasure. A pure moment of well-being.

TREATMENT TIME: 60 minutes

€100

PURI SOLUTION

A purifying, deep pore, balancing treatment for combination or oily skin, combining a heating scrub with a peel-off mask to perfectly purify the skin and leave it radiant.

TREATMENT TIME: 60 minutes

€100

CACI – NON-SURGICAL FACE LIFT

The caci ultra is the ultimate facial treatment system combining the lifting and toning functions of the award winning non-surgical face lift system. It incorporates micro current, ultrasound, high frequency and diode photo stimulation. Electrical Impulses are transmitted through soft cotton tipped probes designed to re-educate and tone muscle and enhance skin tissue repair. The treatment softens lines and wrinkles and improves facial toning.

TREATMENT TIME: 90 minutes

€125

Course of 6 treatments - €630

BODY TREATMENTS

FACE AND BODY SENSATION

The perfect duo when time is of the essence. A sensational Hot Stone Back Massage, combined with an Anti-Ageing Booster Facial. Choose from the Re-Energiser, Ice-Cool Thermal Massage, or the Tranquillity Thermal-Soothing Massage, whilst your facial helps smooth wrinkles and restore youthful radiance.

TREATMENT TIME: 55 minutes

€109

HOLISTIC BODY TREATMENTS

REFLEXOLOGY

This treatment will re-balance and relax the body through a gentle pressure point massage to the feet. Every gland and organ in the body is mirrored in acupuncture points on the feet. It helps to clear any blocked energy that may be hindering the bodily functions and also acts as a mini detox for the body.

TREATMENT TIME: 50 minutes

€85

PREGNANCY TREATMENTS **

***PLEASE BE ADVISED THAT OUR PREGNANCY TREATMENTS ARE AVAILABLE TO EXPECTANT MOTHERS WHO ARE 12 WEEKS PREGNANT OR MORE.*

BASQ IN THE MOMENT PREGNANCY MASSAGE

A customised full body massage using safe pre-natal techniques. To help relax, reduce fatigue, release tension, aches, pains, swelling all associated with pregnancy. This massage will help increase circulation and benefit mum-to-be.

TREATMENT TIME: 75 minutes

€110

BASQ BABY BUMP TREATMENT

This treatment is designed to reinforce the skin with deep hydration and a mega dose of nourishment that targets scars and marks also helping with the tone and elasticity of the bump. To begin the skin is exfoliated through an application of Basq Lavender Perfect Scrub. Next the tummy is treated to a layering of our wonderful stretch mark oils and butter which work to replenish deep down while soothing itchy skin. While these absorb the lower legs are treated to a massage to assist with circulation and reduce any swelling and heaviness in the legs.

TREATMENT TIME: 45 minutes

€60

BASQ HEAD TO TOE EXPERIENCE

A complete head to toe spa experience to include; head, bump and lower legs. To begin, melt the stresses away with a relaxing head, neck & shoulder massage to release tension. Following this, is a treat for the bump, where gentle exfoliation increases circulation and removes dead dull cells to improve the tone and elasticity of the skin. Next our Basq Resilient Body Oil and Basq Mega Moisture Butter are applied to treat the skin to prevent stretch marks. While the cream absorbs and takes affect you are treated to a lower leg exfoliation and foot massage to reduce swelling and stimulate circulation.

TREATMENT TIME: 90 minutes

€130

BASQ SKIN BOOSTING BODY EXFOLIATION

Relax and breathe deep; inhale the calming benefits of Lavender in this completely balancing and rejuvenating spa experience. Using our Basq Perfecting Lavender Sugar Scrub as our secret weapon for damage repair and smooth youthful skin. An instant fix for dry, itchy and stretched skin. Exfoliation is the absolute best way to fuel skin renewal and push damage up and out. As you polish, thirsty skin pulls in nutrients. Following this is a pampering application of Basq Mega Moisture Butter to nourish the skin with the powerful omega oils.

TREATMENT TIME: 75 minutes

€95

BASQ TIRED LEGS SOOTHER

An exfoliating lower leg and foot massage to improve circulation and improve any swelling and heaviness in the legs associated with pregnancy. Whilst the legs are wrapped you are treated to a relaxing scalp massage. It's a wonderful treatment for giving your mind and body a rest.

TREATMENT TIME: 30 minutes

€45

PLEASE NOTE ALL PAYOT FACIALS AND PEDICURES ARE SUITABLE DURING PREGNANCY

MASSAGE TREATMENTS

NEOM WELLBEING TREATMENTS 100% Natural Fragrances for the Mind & Body

SLEEP

Nothing affects how you look or feel as much as sleep or lack of it. Enter a room, deeply scented with Neom's extraordinary blend of 19, first pressed essential oils blended with one purpose: to induce deep sleep. This treatment begins with peaceful relaxation, reflexology and breathing techniques.

Throughout, we drizzle Neom's Intensive Skin Treatment Candle oil over the skin, and massage every inch of the body, including key stress relieving points of head, face, neck and back. We harness the very best techniques of Shiatsu, Cranio and Thai massage and trigger point work.

Prepare to be lost in a blissful state, ready for deep night's sleep.

TREATMENT TIME: 60 minutes

€99

DE-STRESS

From 2020 the top 4 diseases will be stress related. Neom's complex blend of 24 first pressed essential oils creates a de-stressing environment the moment you enter the room, this treatment begins with peaceful relaxation, reflexology and breathing techniques. Throughout, we drizzle Neom's Intensive Skin Treatment Candle oil over the skin, and provide specialist massage to key stress relieving points of head, face, neck and back. We harness the very best techniques of Shiatsu, Cranio and Thai massage and trigger point work. This treatment allows tension to drift away and for a calm new-you to be uncovered.

TREATMENT TIME: 60 minutes

€99

PERSONALISED FULL BODY SWEDISH MASSAGE

TREATMENT TIME: 55 minutes

€90

AROMA STONES THERAPY

Harnessing the properties of warm stones, we place them on key energy points of the body to harmonise the spirit. A firm rhythmic full body massage with exotic soothing oils completes the experience. Pure Bliss!

TREATMENT TIME: 75 minutes / Full Body

€130

FREESTYLE DEEP TISSUE MASSAGE

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

TREATMENT TIME: 60 minutes

€110

PEDICURE

PRISTINE PEDICURE

This pedicure service will leave you feeling 'Like walking on air'. Hard working feet need special care when it comes to keeping them looking and feeling fabulous. This luxury treatment is fantastic for even the most neglected feet - they'll be transformed and reinvigorated.

The wonderful restorative benefits of this pedicure are completed with our advanced, high performance nail polish that provides a long lasting, chip resistant colour finish for your toes.

TREATMENT TIME: 75 minutes

€79

AESTHETIC TREATMENTS

SPRAY TANNING

Full Body Tan - €30

We recommend loose clothing & flip flops for comfort after tanning.

WAXING

(Patch test is required 24hr prior to waxing treatments)

Californian (Ultra Tidy)	€25
Brazilian (Landing Strip)	€35
Hollywood (All Gone)	€45
Full Leg	€32
Half Leg	€20
Bikini Wax	€18
Full Leg & Bikini	€40
Under Arm Wax	€14