



O C E O

S P A

TREATMENT LIST

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OCEO SPA IS AN ADULT ONLY DESTINATION

PAYOT LUXARY FACIAL TREATMENTS

CLEAR SKIN

ALL SKIN TYPES

Deep cleanse and brighten your skin starting with a Pineapple enzyme based exfoliation, followed by a gentle brightening mask and products for your skin personally prescribed by the therapist.

In just 45 minutes, your skin is rehydrated, relaxed and glowing with health.

TREATMENT TIME

45 minutes - €60

INTENSE HYDRATING RITUAL

Bathe your skin with thirst-quenching Orange Sap Water, Honey, Chestnut and Sea Algae extracts to regain radiance and luminosity.

A micro-abrasion allowing an intense and in depth exfoliation of the skin is combined with soothing Vanilla and Patchouli Essential oils, followed by a 20 minute 42-step Modellage boosted with intense hydration from Kunai Grass. Finally, your skin is rehydrated with a Collagen Mask infused with Witch Hazel, Orange Blossom and Liquorice.

All signs of dehydration are melted away, leaving you with a glowing radiance.

TREATMENT TIME

60 minutes - €95

PURIFYING RITUAL

Deep cleanse, purify, regulate and control oil production for a perfectly clear complexion with Birch extract, Green Coffee and AHA's.

The 20 minute 42-step Modellage is performed with an anti-bacterial preparation to treat skin imperfections, purify and regulate the skin from within without drying the skin, followed by a professional mask to detoxify, minimise oil production and deep cleanse the pores.

Your skin is left matte, velvety soft and fresh. Blemishes, dilated pores and a shiny nose are things of the past!

TREATMENT TIME

60 minutes - €95

INTENSE SOOTHING RITUAL

For even the most sensitive of skins, this treatment helps the skin defend itself with Boswellia extract, Pre-biotics and Rose Essential Oil.

An original recipe with Liquorice and Essential Oils of Lavender and Thyme is used with the 20 minute 42 step Modillage to heal and soothe away irritation. A professional mask, steeped with Boswellia, Centella Asiatica and Meadowfoam extracts, desensitises and strengthens the skin.

All sensations of discomfort, tautness, inflammation and redness are alleviated, leaving the skin cool and comfortable. Your skin regains its comfort, suppleness and serenity.

TREATMENT TIME

60 minutes - €95

ENERGISING RITUAL

This invigorating facial restores your natural dynamism with Cocoa while Orange and Lavender Extracts help your skin resist stress. Ginseng, Green Tea, Mint and Royal Jelly bring extra vitality.

A micro-abrasion allowing an intense and in depth exfoliation of the skin is combined with energising Bergamot and Mint Essential oils, followed by a 20 minute 42-step Modillage to stimulate and invigorate the skin and senses.

A self-warming mask, rich in Calcium, Magnesium and a Citrus Cocktail, stimulates the microcirculation to relax the skin and works in synergy with a sumptuous Cocoa and Orange Revitalising Mask.

The essential facial for all busy people on the go to restore energy and vigour; your skin will regain its vibrancy and glow with health.

TREATMENT TIME

60 minutes - €95

WRINKLE CORRECTING RITUAL

Hold back time. Combat the first signs of ageing by delaying the appearance of wrinkles and minimising any existing fine lines and dehydration. Black Tea, Zinc, Manganese, Sodium and Magnesium firm, tone, stimulate and improve elasticity.

A micro-abrasion allowing an intense and in depth exfoliation of the skin is combined with energising Bergamot and Mint Essential oils, followed by a 25 minute 42-step Modellage to stimulate and firm the skin and muscles.

Finally, a cushiony mask plumps the skin and smoothes fine lines with Hyaluronic Acid and Argireline for 20 minutes whilst you bask in the relaxation of a hand massage.

Your features are relaxed and your skin is smoother, radiant and luminous.

TREATMENT TIME

75 minutes - €125

ABSOLUTE LIFT RITUAL

Regain the resilience and well-defined contours of a younger skin.

This facial remodels and re-sculpts skin by giving new volume and firmness with the benefits of Clover Isoflavones, Soya Proteins, Omega 3 and 6 and PAYOT's own A.G.E. compensating complex.

Micro-dermabrasion with energising Bergamot and Mint Essential oils refines and smoothes the skin bringing clarity and minimising pigmentation. The 25 minute 42-step Modellage lifts and tones the skin and muscles.

While you enjoy a hand massage, a velvety mask impregnated with Aloe Vera, Centella Asiatica and Sea Lettuce firms and tone. Its super-cooling action tightens the skin through vascular contraction, leaving your skin lifted, firmed and with a redefined contour.

TREATMENT TIME

75 minutes - €125

HYDRATE & GLOW RITUAL

Replenish a dehydrated skin with a delicious nourishment of Shea butter and orange sap water hydrating your skin and returning it into a velvety soft texture that breathes freshness.

TREATMENT TIME

60 minutes - €75

REVITALISE RITUAL

Chocolate will give a truly uplifting experience as its properties have been infused with royal jelly 'the essence of youth' into a treatment that will invigorate your skin and melt away your worries.

TREATMENT TIME

60 minutes - €75

MICRO - DERMABRASION PLUS!

Micro Dermabrasion Plus is a new non invasive treatment system designed to treat face imperfections such as acne, blemishes, scar tissue and wrinkles. Its vacuum suction, colour therapy, light stimulation and vibratory massage with a new method of skin peeling called Microdermo Percussion. Microdermo Percussion gently exfoliates the skin by producing a rapid tapping action with the round quartz silica micro spheres. The nature of the quartz silica micro spheres means they are less harsh on the skin. Particular attention is paid to the client's specific areas of concern. For problematic skin a course of treatments is recommended.

TREATMENT TIME

60 minutes - €110

Course of 6 treatments €550

CACI - NON SURGICAL FACE LIFT

The caci ultra is the ultimate facial treatment system combining the lifting & toning functions of the award winning non surgical face lift system. It incorporates micro current, ultrasound, high frequency & diode photo stimulation. Electrical Impulses are transmitted through soft cotton tipped probes designed to re-educate and tone muscle and enhance skin tissue repair. The treatment softens lines & wrinkles and improves facial toning.

TREATMENT TIME

90 minutes - €150

Course of 6 treatments €750

BODY TREATMENTS

FITNESS WRAP

INSTANT INCH LOSS

Instant body shaping. Your silhouette looks slimmer and contours are firmed. Experience the benefits of marine algae with our fitness wrap. It purifies, detoxifies and successfully smoothes your skin, both visibly and measurably. Enjoy a herbal wellness pressure point facial massage, while the wrap takes effect. A powerful support for your diet, perfect after pregnancy or just to help you get into your little black dress!

TREATMENT TIME

120 minutes - €170

AYUS LOMI MASSAGE

INTENSE WHOLE-BODY TREATMENT FOR ABSOLUTE WELL-BEING

Our signature massage treatment is a unique combination of Ayurvedic and Hawaiian Lomi Lomi massage traditions and rituals. After your personal lifestyle consultation with our Spa therapist to establish your 'dosha type', warmed oils will anoint you and you will be taken to a new level of calmness which results in an intense, deep relaxation of the entire body.

TREATMENT TIME

120 minutes - €180

ANTI CELLULITE PEEL OFF PACK

Achieve fast treatment results that can be seen and felt. After your dry body brush, an AHA peel is applied to the Hips, thighs and buttocks. The pack is then applied to these areas, enjoy a soothing scalp massage with our specially blended oil. The pack has a light, pleasantly cooling character and gives skin a silky smooth feeling.

TREATMENT TIME

60 minutes - €85

AROMA ALGAE

DETOX YOUR BODY

This unique blend of aroma therapy and marine algae combine to increase the body's micro circulation. Water retention is reduced and the heavy feeling in the legs and problem areas are minimised. The result is immediately noticeable, clarifying, smoothing and firming your body contours. During the resting phase you will enjoy our royal aquamarine lymphatic drainage facial massage. Utilising the power of natural quartz crystals the detoxification is complete.

TREATMENT TIME

85 minutes - €100

CASHMERE AND SILK BODY WRAP

COCOONED IN PURE LUXURY, FOR LUMINOUS & SILKY-SOFT SKIN

This exclusive body treatment begins with an Ayurvedic exfoliation performed with silk gloves. Your skin is gently cleansed and wrapped in our luxurious cashmere body pack. While your skin drinks in nourishment, relax with our head and ear massage. Precious silk powder caressed into the skin completes an unforgettable experience, which will leave your body feeling re-hydrated and silky smooth. Ideal for even the most sensitive skins.

TREATMENT TIME

60 minutes - €100

RESSOURCE MINERALE SPA BODY TREATMENTS

RESSOURCE MINERALE SPECIALISED MASSAGE THERAPY

Relaxing massage with semi-precious oil for a harmonising, treatment programme. The specialised massage therapy begins with a balancing massage, allowing you to receive the full effects of the treatment. Relaxing massage aids deep relaxation, sending your mind body and soul to a heavenly world of peace.

TREATMENT TIME
90 minutes - €120

RESSOURCE MINERALE BODY EXFOLIATION

A skin renewing treatment for your body, as your skin is buffed from the tops of your toes to the tips of your fingers. Marine mineral crystals are mixed with a specific gemstone balm that melts as it is applied to your skin to give an irresistible silky smooth texture. This treatment is adapted for a Harmonising, Correcting or Reviving treatment programme for the whole body or can be specific to the back.

TREATMENT TIME
25 minutes - €60

RESSOURCE MINERALE SCALP MASSAGE

A truly relaxing experience, Payot has developed a unique scalp massage incorporating pressure point techniques that will place you in a state of pure bliss.

TREATMENT TIME
25 minutes - €35

PRECIOUS FEET RITUAL

Treat your feet with this luxurious and effective beautifying treatment.

We start with your eyes! A moisturising, firming, calming and decongesting mask works on your eyes while we work on your feet.

After a foot bath enriched with Essential Oils of Orange & Grapefruit, your feet and lower legs are exfoliated with Sugar Scrub loaded with Essential Oils. Relax and unwind while a detoxifying Balm is applied and your legs wrapped in heated booties to penetration into the skin. Your perfectly polished, pampered and pretty feet are finally treated to an application of a hydrating mineral cream.

TREATMENT TIME
30 minutes - €30

BEAUTIFUL BACK RITUAL

This super-relaxing treatment combines massage with deep cleansing and polishing to ensure your back is always perfectly presentable.

After a purifying exfoliation with our Marine Crystals and Gemstone Balm, rich in clarifying Copper, any blackheads and blemishes are extracted without irritation due to the application of a super-healing preparation. A deeply relaxing massage with a blend of Patchouli and Vanilla Essential Oils is followed with a warm, deep cleansing and softening Green Clay Mask rich in essential minerals to absorb any remaining impurities as you completely unwind.

Your mind is relieved of any stress and your back is prepared for any occasion.

TREATMENT TIME
45 minutes - €50

FOR THE HANDS

OCEO SPA MANICURE - TOTAL INDULGENCE A WELLNESS TREATMENT FOR THE HANDS & NAILS

Feast your hands on exotic edible plant extracts from tropical Asia. Our treatment includes warm milk and orchid hand bath, an invigorating lemon sugar hand peel, and an intensive hand mask with orchid extract. Your nails will be fed with natural plant ingredients and sealed. Treatment includes a warm oil pour, reflex zone massage and a relaxing scalp massage.

TREATMENT TIME

60 minutes - €80

AGE DEFYING HAND TREATMENT AN ANTI AGING 'FACIAL' FOR YOUR HANDS

Don't let your hands give away your true age! An intensive but gentle peel is followed by marine collagen lifting serum and massaged with tightening hand cream to protect against free radicals. Mature skin will appear visibly younger and fresher immediately. Includes nail care and a colour finish.

TREATMENT TIME

45 minutes - €55

MEDITERRANEAN MANICURE HEALING HEAVEN

Heal and protect your hands and nails with pure olives. The combination of moisturizing agents and Olive Care provides sensitive and dry skin with all the necessary moisture and care. It will leave your hands feeling like they have been healed and gone to heaven.

TREATMENT TIME

55 minutes - €65

(€75 With nail paint & receive the nail polish of your choice free of charge!)

MANICURE

FOR WEARERS OF ARTIFICIAL NAILS ONLY

Concentrating on your hands. Enjoy a gentle skin peel, vitamin cocktail, warm paraffin wax dip and collagen cream massage. Your hands will look as good as your nails.

TREATMENT TIME

30 minutes - €35

PIT STOP MANICURE

WHEN TIME IS SHORT

A file and paint and you're ready to go!

TREATMENT TIME

25 minutes - €25

FOR THE FEET

DOUBLE CHOCOLATE, DOUBLE DIP (MANICURE & PEDICURE)

A deeply nourishing and pampering experience which includes the hands and feet double dipped in white and milk chocolate paraffin wax, warming hand and foot massage and cuticles tidied. The finger and toe nails are then filed and buffed to a perfect shine.

TREATMENT TIME

90 minutes - €130

OCEO SPA PEDICURE

Feast your feet on exotic edible plant extracts from tropical Asia. After bathing in bath salts and dried hibiscus flowers, an invigorating massage with sugar cane foot scrub follows. Peppermint foot butter will melt away any rough skin. While you enjoy a cooling spearmint foot pack you will be treated to a relaxing head massage. Warm water lily massage oil is drizzled over your legs and a sumptuous reflex zone massage begins. Your nails will be fed with natural plant ingredients and sealed. Almond foot lotion completes this truly indulgent experience.

TREATMENT TIME

90 minutes - €110

MORE THAN JUST A PEDICURE

WHEN YOU JUST CAN'T TAKE ANOTHER STEP!

If you have been especially tough on your feet, playing sport or partying hard, they need more than a pedicure. Lay back and relax on our Pedi Spa Chair while your therapist attends to your tatty cuticles, dull nails, hard skin and calluses. A special avocado oil mask is applied and your feet dipped in warm paraffin wax while you relax. An aromatic reflex zone massage follows, and your nails are then buffed to a natural shine.

TREATMENT TIME

60 minutes - €65

THE CLASSIC PEDICURE

THE ESSENTIAL PICK ME UP FOR FRAZZLED FEET!

Sit back, relax and enjoy a therapeutic foot bath with a foot and leg exfoliation. Your cuticles and toe nails will be expertly tidied and any rough skin buffed smooth. Then relax while your legs and feet are massaged with one of our wonderful massage creams. Nails are finished with a natural buffing or a colour of your choice.

TREATMENT TIME

45 minutes - €60

TOE TIDY

WHEN COLOUR IS ALL YOU NEED

A quick shape and paint and you're ready to go.

TREATMENT TIME

25 minutes - €25

ADDITIONAL TREATMENTS

PERSONALISED FULL BODY MASSAGE

TREATMENT TIME

55 minutes - €70

90 minutes - €120

STRESS BUSTER

Back neck and shoulder massage.

TREATMENT TIME

25 minutes - €35

ULTIMATE TENSION RELEASE

Back, neck, shoulder and scalp massage.

TREATMENT TIME

45 minutes - €60

MUMS TO BE MASSAGE

TREATMENT TIME

30 minutes - €40

50 minutes - €70

DEEP TISSUE BACK MASSAGE

TREATMENT TIME

30 minutes - €45

SPRAY TANNING

Full Body Tan - €30

Half Body Tan - €20

Exfoliation And Full Tan - €50

MAKE UP APPLICATION - €30

INDIVIDUAL LASH APPLICATION

Weekenders - €25

PERRON RIGOT WAXING

(Patch test required 24hr prior to waxing)

Brazilian - €40.00

Californian - €30.00

Full Leg - €40

Half Leg - €20

Bikini Wax - €20

Full Leg & Bikini - €50

Under Arm Wax - €18

Eyebrow Wax - €12

Mens' Back Wax - €35

Chest Wax - €45

GROOMING

(Patch test required 24hr prior to waxing)

Eyebrow Tint - €10

Eyebrow Shape - €10

Eyebrow Tint & Shape - €18

Eyelash Tint - €15

RASUL MUD CHAMBER

Clients are provided with a range of mud which concentrates on specific areas of the face and body.

The chamber is gently heated with steam.

As the mud dries it draws toxins from the skin. The steam also aids the detoxification process and relaxes the body.

The ritual ends with a cleansing tropical rain shower which re-invigorates the body. This is the ideal experience to share as the Turkish inspired Rasul Chamber accommodates up to four guests.

TREATMENT TIME

30 minutes - 2 persons - €80

3/4 persons - €140

HAMAM ROOM

Relax in the steamy Hamam, a wet massage room with Middle Eastern origins and enjoy a reviving scrub to smooth your skin and improve circulation.

Let the relaxation commence with a massage which will take you into the highs of serenity on a state of the art centrally heated table. The rejuvenating Hamam experience offers traditional Turkish techniques which encourage deep cleansing and exfoliation. All treatments are carried out on a heat controlled table ensuring the client is in a state of complete relaxation during their massage.

The use of thermal suites are recommended before the treatment proceeds.

HAMAM SALT EXFOLIATION

TREATMENT TIME

25 minutes - €50

HAMAM SALT EXFOLIATION & MASSAGE

TREATMENT TIME

45 minutes - €85

SPECIALISED MENS' TREATMENTS

OPTIMALE RITUAL

Take a little time out to restore energy and vitality and relax the mind with this recharging treatment for men.

A micro-abrasion allowing an intense and in depth exfoliation of the skin is combined with Patchouli and Vanilla oils to deep cleanse and refine the skin whilst lifting in-grown hairs and soothing away shaving irritations, followed by a 20 minute 42-step Modellage to stimulate and invigorate the skin, using the powers of Hematite Balm, rich in Iron and Zincite. Your skin is then restored with a White Clay and Hematite Mask.

The skin is revitalised; signs of fatigue are eliminated, leaving your skin matte, fresh, clean and recharged.

TREATMENT TIME

60 minutes - €125

OPTIMAL BODY EXFOLIATION & BODY WRAP OPEN YOUR MIND TO RECEIVE A NEW BEGINNING FOR YOUR SOUL

A skin renewing treatment for your body, as your skin is buffed from the tops of your toes to the tips of your fingers. Cocooned in a warm blanket, feel yourself drift away as your skin is covered with a creamy mask, which is left to penetrate, re-mineralise and moisturise your body.

TREATMENT TIME

90 minutes - €120

EXECUTIVE MANICURE

GET A GRIP DON'T LET THINGS SLIP

Well groomed hands are a sure measure of your confidence. Your hands and nails will look a million dollars after we have softened, buffed and massaged them.

Don't let your hands down.

TREATMENT TIME

30 minutes - €35

AROMA PEDICURE

Sit back and relax in our Pedi Spa Chair and enjoy a therapeutic bubbly foot bath with foot and leg exfoliation. Your cuticles and toe nails will be expertly tidied and any rough skin buffed smooth. Your legs and feet enjoy an aromatic foot massage to suit your mood. Your toe nails are buffed to a natural shine with citrus oil.

TREATMENT TIME

45 minutes - €55

HOT TOWEL SHAVE

This treatment gives men a traditional wet shave incorporating hot towels and an open razor - this shave leaves the skin feeling soft and supple and helps to alleviate dry skin conditions. A wonderful treatment not to be forgotten.

TREATMENT TIME

45 minutes - €50

HOLISTIC TREATMENTS

REFLEXOLOGY

This treatment will re-balance & relax the body through gentle pressure point massage to the feet. Every gland & organ in the body is mirrored in acupressure points to the feet. It helps to clear any blocked energy that may be hindering the bodily functions & also acts as a mini detox for the body.

TREATMENT TIME

50 minutes - €70

INDIAN HEAD MASSAGE

A facial pressure point & scalp massage focusing on the vital energy parts. This compact treatment will help reduce tension increase circulation, and leave you with a feeling of complete well being.

TREATMENT TIME

45 minutes - €60

HOPI EAR CANDLING

Ear candling is considered a classic, holistic treatment aiding in relieving ear blockage, sinus congestion, headaches and tension. This treatment is ideal after a long flight or for pure relaxation to the entire head and over-all well-being.

TREATMENT TIME

55 minutes - €75

THAI MASSAGE

Using techniques passed down through generations, this treatment is a blend of deep tissue massage using pressure points and stretching techniques. Traditional Thai Massage releases tension, increases vitality and flexibility and synchronizes the mind, body and spirit. Guest is attired in comfortable clothing, and no oils are required.

TREATMENT TIME

90 minutes - €150

AROMA STONES THERAPY

Harnessing the properties of warm stones, we place them on key energy points of the body to harmonise the spirit. A firm rhythmic full body massage with exotic soothing oils completes the experience. Pure Bliss!

TREATMENT TIME

75 minutes - €120

50 minutes / half body- €80

NEOM TOP TO TOE ORGANIC INDULGENCE

Indulge in this truly luxurious and totally organic top to toe massage. NEOM luxury organic body products are packed full of essential oils, vitamins, minerals, EFA's and anti oxidants providing serious skin nourishment plus incredibly precious micronized sapphires known for their powerful calming and harmonizing benefits linked to beautiful skin, hair & nails.

This deeply nourishing and relaxing signature treatment will be sure to leave your mind and body completely relaxed and your skin, silky smooth and deeply hydrated.

The treatment begins with a lifestyle consultation whilst your therapist exfoliates and bathes the feet in a foot bath filled with beautiful crystals. Full body polish follows to invigorate and smooth the skin before moving onto the main part of the treatment - a luxurious full body massage, combining many key holistic treatments: Reflexology, Thai and Swedish massage, Aromatherapy, Crystal Therapy and Relaxation techniques.

This treatment is perfect for massage lovers – and will not only convert you to the incredible benefits of organic body care, but it will take you on a magical journey that you won't forget.

TREATMENT TIME

120 minutes - €150

TERMS & CONDITIONS

SPA TIMES

We are open from 8am to 8pm daily.

TREATMENTS

To ensure efficiency for all guests we would ask for you to arrive 15 minutes prior to the treatment. Credit card details will be asked for when making your appointment.

COMFORT

For your comfort and convenience, towels, slippers and bathrobes are provided. We will be asking all our clients to change into robes and slippers prior to the treatment.

CHILDREN

Please be advised, for safety reasons, children under 18 are not permitted to use the spa.

NOISE LEVEL

In order to maintain the serene and relaxing environment within the Spa, we ask that noise be kept to a minimum and mobile phones be switched off.

CANCELLATION

For those who wish to cancel their appointment we advise that 48 hours notice should be given in order not to incur any charge. There will be a 50% charge if cancellation is within 48 hours of treatment and 100% charge if within 24 hours of treatment.

HEALTH

If you have any condition that you feel may prohibit you from using our facilities please consult your GP prior to your visit. Alternatively please ask at our Spa reception for advice.



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