



O C E O

S P A

WHERE BEAUTY MEETS LUXURY



OCEO SPA at SEAFIELD HOTEL is simply an exquisite experience. A refined oasis of personal therapeutic indulgence, a healing retreat of revitalisation and restoration, a world class spa boasting unique, customised treatments. OCEO SPA is all this and more.

With over 70 individual treatments to be enjoyed in 14 custom-built treatment rooms, with a 16 metre hydrotherapy pool and a saunarium, a rasul mud chamber and hammam wet massage room - and with every surface and detail carefully tuned to enhance your wellbeing, Oceo Spa offers an other-worldly level of spa sophistication.



Harmonise body with spirit and liberate yourself from stress in the exquisite OCEO SPA. Lose yourself in a soothing universe of expert hands and healing therapies for men and women.

GYM AND TONIC

Loosen lifestyle hassles and unwind the bonds of everyday stress in an environment both invigorating and deliciously calm.



Compliment the inner calm that OCEO SPA'S specialised therapies unlock, with beauty treatments to leave you looking as well as you feel. Choose from a range of gorgeous manicure and pedicure options that pamper and preen. Moreover, thanks to the generous bank of stations at our hand and foot bar, it's the perfect place for you and a group of friends to enjoy a few hours of indulgence all together.

FEEL FAB, LOOK FAB
Oceo Spa offers balance to body and soul, beauty and spirit, your outer and inner worlds. From the tips of your toes right up to the top of your head, cleanse your mind of stress and heal your body of life's everyday tribulations.





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The healing power of water has been long acknowledged in the Far Eastern and European spa traditions. OCEO SPA harnesses it here in the most impeccable fashion, with a wonderful 16 metre hydrotherapy pool, gilded with a delicate mosaic of thousands of tiny gold leaf tiles and magically illuminated with state of the art fibre-optics.

Add in refreshing lifestyle showers and an outdoor vitality pool, not to mention the precision-controlled steam and sauna suites, and soon you'll feel the worries of the world float away on an ocean of tranquility.



GO WITH THE FLOW

Feel every knot untangle and every stress unwind as the ambient waters gently pulse and flow around you, calming, soothing, releasing.



From Ayurvedic deep tissue tension release to European body wrap therapies, from specialist exfoliation treatments to enriching aromatherapy programmes, from Turkish-inspired rasul mud chambers to steamy hammam massages, OCEO SPA has trawled the world to create an unrivalled spa experience right here in Ireland.

Calmer Karma
Reinvigorate. Remineralise.
Restore. Oceo offers the
opportunity to bring a new
balance to life and to connect
again with yourself. Ancient
remedies heal. Skilled hands
ease. Modern therapies revive.



There's a stillness to OCEO SPA, a sense of calm, of wellbeing that permeates every beautifully appointed room, every deliciously designed pool, every carefully tailored treatment. There's the sureness of touch that only true experts can deliver. And that indefinable quality that only exquisite taste carries off. Isn't it time you treated yourself?

Or give someone you care about an OCEO SPA gift voucher and you're guaranteed to be giving them a gift that will be as deeply appreciated as the treatments they'll enjoy. From half day packages to longer spa escape breaks, you'll find the ideal combination of luxurious therapies to delight.

Indulge every sense with an OCEO SPA experience.

BOOKINGS

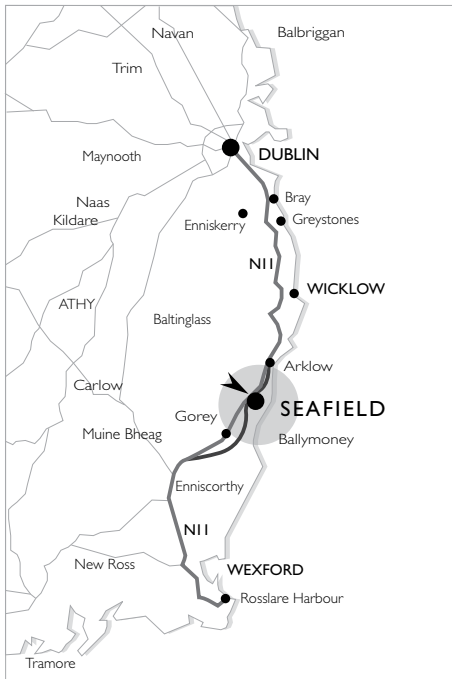
For all OCEO SPA enquires and bookings call;
T. 053 9485120 or email your interest to
oceospa@seafielddhotel.com

For all hotel and golf enquires call;
T. 053 9424000 or email your interest to
reservations@seafielddhotel.com

DIRECTIONS

FROM DUBLIN take Exit 22 off the N11
Follow the signs to Ballymoney.

FROM WEXFORD take Exit 23 off the N11
Follow the signs to Ballymoney.



SEAFIELD GOLF & SPA HOTEL

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CO. WEXFORD

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SEAFIELD
GOLF & SPA HOTEL



SEAFIELD
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SEAFIELD
PROPERTY